



Bangor Middle School Field Hockey

August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
REST & HYDRATE!!!	Practice 8:15AM-10:15AM	Practice 8:15AM-10:15AM	Practice 8:15AM-10:15AM	Practice 8:15AM-10:15AM	Practice 8:15AM-10:15AM	
21	22	23	24	25	26	27
	Practice 4:30PM-6:30PM Meet the Coaches @ 6:30	Practice 4:30PM-6:30PM	Practice 8:15AM-10:15AM	Practice 8:15AM-10:15AM Slater Fest 6-8	Practice 8:15AM-10:15AM	
28	29	30	31			
	A - Wilson @ 4:00	Practice 4:30PM-6:30PM	A - Palisades @ 4:00		In the event the AM practice is rained out, we will re-schedule to	



Bangor Middle School Field Hockey

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 OFF NO PRACTICE	2 NO SCHOOL MS Pictures @ 9:00 9:30AM-11:30AM	3 H - Saucon Valley @ 10:00
4	5 OFF NO PRACTICE	6 A - Moravian @ 4:00	7 Practice 2:30PM-4:30PM	8 Practice 4:30PM-6:30PM	9 Practice 2:30PM-4:30PM	10 H - Northern Lehigh @ 10:00
11	12 Practice 2:30PM-4:30PM	13 Practice 2:30PM-4:30PM	14 H - Pen Argyl @ 4:00	15 A - Palmerton @ 4:00	16 Practice 2:30PM-4:30PM	17 Practice 8:30AM-10:30AM
18	19 Practice 2:30PM-4:30PM	20 H - Wilson @ 4:00	21 Practice 2:30PM-4:30PM	22 A - Salisbury @ 4:00	23 H - Southern Lehigh @ 4:00	24 Practice 8:30AM-10:30AM
25	26 H - Northampton @ 4:00	27 Practice 2:30PM-4:30PM	28 H - Moravian @ 4:00	29 Practice 2:30PM-4:30PM	30 Practice 2:30PM-4:30PM	1 H - Catasauqua @ 10:00

- Practices are subject to change, in the event of times, they would be changed to 4:30PM-6:30PM



Bangor Middle School Field Hockey October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Practice 4:30PM-6:30PM	4 A - Northwestern Lehigh @ 4:00	5 Practice 4:30PM-6:30PM	6 A- Pen Argyl @ 4:00	7 UNIFORM HAND IN	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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